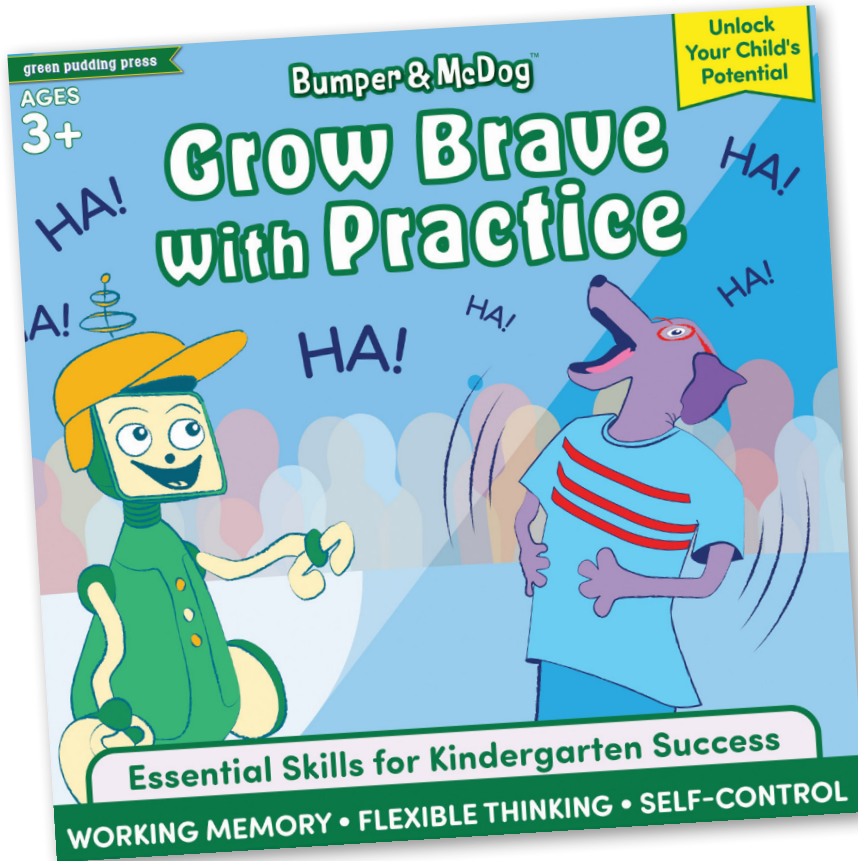


Bumper & McDog™ Grow Brave with Practice



Overview

Preparing for something new can feel scary. Grow Brave with Practice helps children understand that confidence grows through effort, practice, and support.

How the Story Supports Social-Emotional Learning

By focusing on effort rather than outcomes, the story reinforces a growth mindset and helps children see bravery as something that develops over time.

Key Skills & Themes

- Perseverance
- Working memory
- Flexible thinking
- Emotional regulation

All Four Bumper & McDog Books Now Available At:

Amazon, Walmart.com, Barnes & Noble, and some local libraries.



Details

- Age range: 3–5
- Hardcover, Paperback, Ebook
- Made for executive function development, classroom discussions, and home use

Ideal for children learning to manage nerves around new experiences.



About The Author

Richard Mueller is a Sonoma County-based children's book author and illustrator. He creates picture books that support social-emotional learning and kindergarten readiness through storytelling, conversation, and play.

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