

Quick SEL Discussion Questions for Picture Books

Use these questions during read-alouds to support social-emotional learning.

Noticing Feelings

- How do you think the character felt here?
- What do you notice on their face or in their body?
- Did anything change how they were feeling?

Understanding the Problem

- What was the problem in this part of the story?
- What made this moment tricky or challenging?
- What do you think the character was worried about?

Choices and Attempts

- What did the character try?
- Did it work or not work?
- What else could they have tried?

Resolution and Reflection

- How did the character feel at the end?
- What helped them feel better?
- What changed from the beginning of the story?

Personal Connection

- Have you ever felt that way?
- What helps you when you feel like that?
- Would you like to share, or listen?

Free Classroom Resources

Companion resources, including printable Peaceful Posters and related early learning content, are available at: greenpudding.com

Created by Green Pudding Press, publisher of the Bumper and McDog picture books and other tools for teaching.

